



Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereals and Toast	Selection of Cereals and Toast	Selection of Cereals and Toast	Selection of Cereals and Toast	Selection of Cereals and Toast
Snack	Choice of Seasonal fruit Milk or Water				
Lunch	Macaroni Cheese with salad and Garlic Bread  Melon Wedges	Chicken Curry Rice Naan Bread  Fruit salad	Toad in the hole, with onion gravy, Mash and vegetables  Yoghurt	BBQ Chicken, sweet potato wedges and coleslaw  Jelly	Cheesy Potato bake served with vegetables  Yoghurt
Tea	Seasonal soup with cracker bread.  Shortbread biscuits  Milk or water	Ham sandwiches Cucumber sticks Cherry tomatoes  Lemon Sponge  Milk or water	Cheese/ Jam Crumpets with Vegetable sticks  Homemade cookies  Milk or water	Spaghetti on Wholemeal Toast  Apple/Pear  Milk or water	Fish Fingers with savoury rice  Ice-cream  Milk or water
Snack	Choice of Seasonal fruit Milk or Water				